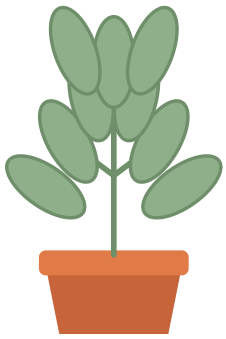
Rooting for Our Kids
Grassroots learning · Davie, Florida

FREE LEARNING SHEET

How to Plant Sage Seeds

Sage is the classic Thanksgiving herb. Grow your own in a cup and smell it on your thankful table!



When to plant in Florida

Start sage from seed **anytime from fall through spring**. Fall is a great time to plant in South Florida.

Want it faster? Plant a small sage plant from a garden center or grow a cutting from a grown-up's plant.

What you'll need

- Sage seeds
- A paper or plastic cup with a small hole in the bottom
- Seed-starting mix or potting soil
- A sunny window or a sunny spot outside
- Water and a craft-stick plant marker

Let's plant!

1. **Fill your cup with soil** up to about one finger-width from the top. Write your name on a craft stick.
2. **Plant 2 or 3 seeds** about ¼ inch deep. That's just a light sprinkle of soil on top.
3. **Water gently** until the soil feels damp, like a wrung-out sponge. Don't let it get soggy.
4. **Give it sun.** Sage loves lots of sunlight. Keep the soil damp while you wait.
5. **Watch for sprouts** in about 2 to 3 weeks. Be patient! When they have a few leaves, keep the strongest one.
6. **Move it to a bigger pot or the garden** when it's a few inches tall. Sage grows into a bushy plant 1 to 1½ feet tall. Then pick a few soft, fuzzy leaves to sniff and cook with!

My sage growing journal

Date	What I see (draw or write)

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